

**IMPROVING
THE QUALITY
OF CHILDHOOD
IN EUROPE**



INVITATION

From
Alliance for Childhood European Network Group

95st Quality of Childhood (QoC):

**Empowering Teachers for Wellbeing: Unlocking Creativity, Autonomy,
and Resilience**

Thursday 21st November 2024

Mundo J - Paulo Freire Room

10, Rue de l'industrie, 1000 Brussels

Time: 12.30 to 14.30 CET

Zoom Link

<https://us06web.zoom.us/j/82507764536?pwd=5Xe5vBJDGRz8zjYUzKkV1qbORQ3fda.1>

**LEARNING FOR
WELL-BEING
FOUNDATION**



EUROPEAN
COUNCIL FOR
STEINER WALDORF
EDUCATION



Background and context

This 90-minute policy event will focus on the critical need to prioritise wellbeing in schools, bringing together policymakers, educators, practitioners, and civil society for a productive dialogue. As teacher stress, burnout, and workload challenges grow, so does the urgency to improve the teaching profession's attractiveness and create healthy working conditions that allow educators to thrive.

The event will present the European Commission's guidelines on supporting well-being in schools, zooming in on the elements most relevant to enhancing teacher wellbeing and illustrating these with good practice examples. We'll explore how fostering teacher autonomy, creativity, and resilience can improve not only educators' work-life balance but also the learning environment for children.

Key topics will include:

- Granting teachers more autonomy and agency to increase self-efficacy and job satisfaction.
- Reducing workload pressures by focusing on a healthy teaching economy
- Encouraging creativity and innovative approaches to teaching that benefit both teachers and students.
- Practical solutions for teacher training and recruitment and retention through a focus on purpose, professional growth and sustainable work conditions.
- Practices to support teacher and teacher training such as EMDR protocol for prevention, intervention and post invention.

Join us for this important conversation on how empowering teachers to thrive can unlock the potential of both educators and students, creating more meaningful and engaging learning environments.

Programme Outline for Thursday 21st November 2024

Time Schedule	Subject	Speaker / facilitator
12.30	Easy lunch and Registration	Easy sandwiches will be offered as welcome
13.00	Words of welcome	Christopher Clouder, Alliance for Childhood European Network Group
13.05	Opening speech	Policy institutional representative

13.10	European Commission perspective and overall framework on the current initiatives for and about teachers	Cécile Le Clercq - Policy Officer at DG EAC and Chiara Piccolo Expert from the EC Expert Group
13.30	Teacher Resilience: the contribution of the theatre clowning to teacher professional development	Martyn Rawson – Teacher of Steiner School from European Council for Steiner Waldorf School Education (ECSWE)
13.50	Prevention, Intervention, Post-vention in educational settings - the role of EMDR in support of teachers	Dr May Joan Camilleri, Head of Counselling Services: University of Malta, Secretary to EMDR Europe Executive Committee
14.10	Q&A from participants	Facilitator: Chiara Piccolo – Director of Alliance for Childhood European Network Group
14.25	Closing words and end of the event	Christopher Clouder, Alliance for Childhood European Network Group

A recording will be made of the session and parts of it will be put on the website of the Alliance for Childhood.

Disclaimer: The organisers organise this session on a best effort basis. However, changes in parts of the programme or in the entire programme may occur due to unforeseen circumstances and the organisers cannot be held liable for that. No rights may be derived from this programme.

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